



Residents meeting

Meeting Date: 20th January 2012

Attended by:

Zoë Bates, Alan Fry & Residents of Valerie Manor

GARDENS - Claire our gardener has planted a variety of bulbs around the garden, including crocuses, daffodil's and tulips - which we should be able to see popping up soon. All of the ideas mentioned at our initial garden planning meeting have been accommodated where possible - but if you have any ideas please let us know.

Bonnie, one of the nurses, is keeping the bird tables stocked and one idea to attract more birds to the tables was to position them nearer to trees which we will attempt to do.

TRIPS - Now that we have got over the Christmas Festivities the weekly outings have recommenced, a trip over the Bostal and another along the coast to Worthing have already happened. If you have any suggestions please let us know. Already on the list are:

Jack & Jill Windmills
Devils Dyke
Camelia Butler
Weald & Downland Museum
Old Barn & Shoots Garden Centres
Wiston Tea Room
Shoreham Airport
Swains Farm
Pulborough Bird Sanctuary

ACTIVITIES - Zoe suggested that some residents may like a 20 minute reflexologist session as well as hand and arm massages, which received a warm reception! Other activities which can be played at any time are things like scrabble/dominos and cards - please ask.

Zoe asked the residents if they thought turning the top lounge into a reading/quiet room would be a good idea. It was a popular idea and suggestions of war time books also a favourite.

The residents were generally happy with the variety of activities currently on offer, one said that some musicians tend to be a bit loud, but they appreciated that some residents have poor hearing.

The residents very much like watching the birds that visit the feeders around the Manor, and it was suggested that moving the bird table nearer the trees may encourage more to visit.

FOOD - Everyone was happy with the variety of food, some requested more fresh fruit desserts to be on offer as well as cheese and biscuits - maybe served after desserts.

Zoe said that because most residents like a glass of sherry she would like to suggest the residents having a glass prior to their Sunday Roast - which again was well received.

Finally as one of our carers is expecting a baby, some residents thought it might be nice to knit squares to make a blanket.